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# TIGERS FC RECREATIONAL SOCCER PROGRAM

## 5U PELE COED LEAGUE RULES

Revised: July 2017

**Number of players:** Recommended number of players three (3) per side (3 v3). May play even-up at four (4) per side (4 v 4) with coaches' agreement. If one team does not have the minimum number of players, they can play a player down otherwise that team must take a forfeit and then teams must play even up soccer.

**Registration:** All players must have properly completed registration forms for the Tigers FC Recreational soccer program.

**Equipment:** During cold weather, league shirt must be shown over garments.

- Shin guards are mandatory
- Size 3 ball
- League Shirt
- Socks over shin guards
- Cleats are recommended (No Baseball Cleats). Tennis shoes are allowed.
- No jewelry of any type. Soft (non-metallic) sweatbands, rubber bands, scrunches are allowed. No metal hair clips.
- Water bottle

**Field Dimensions:** 40' x 50'

**Goal Dimensions:** 4' x 6'

### Game Day:

- 10 - 15-minute practice time
- 5-minute break
- 8 - 10 minute first half
- 5-minute half time
- 8 - 10 minute second half

### Game Rules:

- Unlimited substitution at any time. Players may be substituted on the fly; however, it is recommended that it be done during a stoppage of play (goal scored, ball out of play)
- All kicks are indirect (ball must touch one additional player before a goal can be scored). Player kicking the ball cannot touch the ball again until a second player for either team has touched it.
- No Offside
- No throw-ins. Kicks shall occur from point where ball goes out of play over touchline.
- No penalty kicks.
- No goalies
- No dangling earrings or necklaces of any type.
- FOUR FEET RULE. Start of play and free kicks will take place with all players at least 4 feet away from ball.
- Kickoff – the ball can move forward or backwards. Any infractions shall result in redo of kickoff.
- Goals may not be scored on kickoff.
- Teams switch goals at halftime.
- Games can end in a tie.

**Referees:** 5U League does not have referees. The coaches will act as the referees.