GREENFIELD AREA SOCCER CLUB

www.greenfieldsoccer.org

Club Hotline 335-4275

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Recreational League Rules

Number of Players: Recommended number of players four (4) per side (4 v 4). May play even-up at five (5) per side (5v5) with coaches agreement. If needed (3 v 3).

Registration: All players must have properly completed registration forms.

Equipment:

Shinguards are mandatory.

Size 3 ball.

League shirt

Socks over shinguards

Cleats are recommended(no baseball cleats). Tennis shoes are allowed

No jewelry of any type. Soft (non-metallic) sweatbands, rubber bands, scrunchies are allowed. No metal hair clips.

Water bottle

During cold weather, league shirt must be shown over garments.

Field Dimensions: 33 yds. X 22 yds. **Goal Dimensions:** 4 ft. x 6 ft.

Game Duration: Four (4) x 10 minute quarters. Two (2) minute breaks. Five (5) minute half-time.

Game Rules

**GOAL ARC RULE. Three (3) yard arc. There is no ball contact allowed within the arc, however, players or ball may pass through the arc area. If a defensive player within the arc contacts the ball, an automatic goal is awarded to the opposing team. Ball contact by an offensive player constitutes a goal kick for opposing team. If ball comes to rest within the arc area, a goal kick is awarded regardless of who touched it last. Any part of the ball or players body on the line is considered in the goal arc.

Unlimited substitution at any time. Players may be substituted on the fly, however it is recommended that it be done during a stoppage of play (goal scored, ball out of play, beginning of quarter).

No offside

All kicks are indirect (ball must touch one additional player before a goal can be scored). Player kicking the ball cannot touch the ball again until a second player for either team has touched it.

No throw-ins. Kicks shall occur from point where ball goes out of play over touchline.

Goal kicks or corner kicks occur when ball goes out of play over the goal line without scoring a goal.

Goal kicks must clear the five yard line. Any infractions shall result in redo of goal kick. Goal kick may start anywhere on the goal line or on the goal arc line.

THREE YARD RULE. Start of play and Free kicks will take place with all players at least 3 yards (radius of center circle) away from the ball.

No penalty kicks

Goals may not be scored on kickoff.

No goalies

Kickoff - the ball must move forward. Any infractions shall result in redo of kickoff

Each successive quarter should alternate from team to team.

Referees: Center referee will be assigned. Coaches and assistant coaches may referee their own games if an assigned referee is not available. No linesmen will be used.