

# TIGERS FC RECREATIONAL SOCCER PROGRAM

## 15U COED LEAGUE RULES

Revised: July 2017

**Number of Players:** Recommended number of players eight (8) per side (8 v 8). Maximum number of players eleven (11) per side (11v11) with coach's agreement. The minimum number of players (6) per side (6 v 6). One player must be goalie. If one team does not have the minimum number of players, they can play a player from the same division or lower, if that player is already registered with GASC. Substitutions outside of the team roster are not allowed during tournament.

**Registration:** All players must have properly completed registration forms for the Tigers FC Recreational soccer program.

**Equipment:** During cold weather, league shirt must be shown over garments.

- Shin guards are mandatory.
- Size 5 ball.
- League shirt
- Socks over shin guards
- Cleats are recommended (no baseball cleats). Tennis shoes are allowed
- No jewelry of any type. Soft (non-metallic) sweatbands, rubber bands, scrunches are allowed. No metal hair clips.
- Water bottle

**Field Dimensions:** 80 yds. X 60 yds.

**Goal Dimensions:** 8 ft. x 16 ft.

**Game Duration:** Two 30 minute halves. Five (5) minute half-time.

**Game Rules: (all rules will conform to FIFA, except where the league has instituted a change)**

- Unlimited substitution with referee's permission. Players must be at center flag at the time of stoppage of play for substitution
  - a) Prior to a throw-in by either team
  - b) Prior to goal kick by either team
  - c) After a goal by either team
  - d) After an injury on either team when referee stops play
  - e) At half time and quarter breaks
- Offside will be called per FIFA Rules
- Throw-ins occur when ball goes out of play over the touchline. Second tries will be given for the first two games.
- Goal kicks or corner kicks occur when ball goes out of play over the goal line without scoring a goal.
- Goal kicks must clear the 18-yard penalty area. Infractions shall result in redo of goal kick.
- Start of play, free kicks and penalty kicks will take place with all players at least 10 yards away from the ball. All other procedures on these items shall conform to FIFA rules and regulations. All kicks shall be per FIFA rules
- Goals may be scored on kickoff.
- Kickoff - the ball can move forward or backward. Any infractions shall result in redo of kickoff
- Each successive quarter, kickoff should alternate from team to team.
- Legal feet-down slides are allowed.
- ROUGH AND OUT-OF-CONTROL PLAY IS NOT ALLOWED
- Regular season games can end in tie.
- Tournament format: Ties at end of regulation time result with penalty kick shootout.
- All players shall not engage in heading in practice or in games.
  - o If a player deliberately heads the ball, the referee will award an indirect free kick (IFK) to the opposing team from the spot of the infringement. An indirect free kick awarded inside the goal area must be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.

**Referees:** Center referee will be assigned. Coaches and assistant coaches may referee their own games if an assigned referee is not available. In the case of no referee, the kickoff's team's coach shall do the first half. The receiving team's coach shall do the second half. Assistant referees may be used if assigned.

**Substitute Players:** A team may use a player from another team **IF**, the team only has nine (9) players. A player may only play two (2) games per weekend and must be registered in the 15U Division.